



ADAMS 10 NSW CHAMPIONSHIPS & FARR 40 ONE DESIGN TROPHY

19-20 November 2022
Middle Harbour Yacht Club, Sydney, Australia

To be sailed in conjunction with the MHYC Inshore Sprints on 19 November

SAILING INSTRUCTIONS

The notation '[DP]' in a rule in the SI means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 Rule changes are detailed in the Notices of Race.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located in the breezeway at MHYC and on the event webpages:

- [Adams 10 NSW Championships](#)
- [Farr 40 One Design Trophy](#)

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0900hrs on the day it will take effect, except that any change to the schedule of races will be posted by 2000hrs on the day before it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the start box flagstaff on the north-eastern corner of MHYC.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.

5 SCHEDULE

5.1 Saturday 19 November 2022

Competitor Briefing	Harbour View	0930hrs
Racing (up to four races for A10 & F40)	The Sound	1100hrs

Sunday 20 November 2022

Racing (up to three races for A10, up to four races for F40)	The Sound	1100hrs
Prize Presentation	MHYC	1600hrs approx.

5.2 To alert boats that a race or sequence of races will begin soon, the orange flag attention signal will be displayed with one sound at least five minutes before a warning signal is made.

6 CLASS FLAGS

6.1 The Adams 10 Class flag will be a Blue Adams 10 Insignia on a white field.

6.2 The Farr 40 Class flag will be a Red & Blue Farr 40 Insignia on a white field.

7 RACING AREAS

Attachment A shows the approximate location of windward-leeward racing areas.

8 THE COURSES

8.1 The diagrams in Attachment B show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

8.2 No later than the warning signal, the race committee signal vessel may display the approximate compass bearing of the first leg.

8.3 In the event that either 2s or 2p is not in place, boats shall round the existing leeward mark to port.

9 MARKS

9.1 Marks are described in Attachment B.

9.2 A race committee vessel signalling a change of a leg of the course is a mark as provided in SI 12.3.

10 AREAS THAT ARE OBSTRUCTIONS

10.1 Boats shall pass on the safe water side of the following Cardinal Marks:

(a) Gowlland Bombora (Dobroyd Head) – All Marks

(b) Sow and Pigs Reef– All Marks

(c) Shark Island– South and West Marks

10.2 Boats shall not sail in the following prohibited areas:

(a) The area bounded by imaginary lines projected from the shore joining the West, South and East Cardinal Marks surrounding Gowlland Bombora.

(b) The area bounded by imaginary lines joining the North, East, South and West Cardinal Marks surrounding Sow and Pigs Reef.

10.3 For the purpose of RRS 19 and 20, all Cardinal Marks surrounding the Gowlland Bombora and the Sow and Pigs Reef and all imaginary straight lines projected between such marks, shall be deemed obstructions.

11 THE START

11.1 Races will be started by using RRS 26 with the warning signal made no less than 5 minutes before the starting signal.

11.2 The starting line will be between a staff displaying an orange flag on the committee vessel at the starboard end and the course side of the port-end starting mark.

- 11.3 A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.

12 CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 12.2 Except at a gate, boats shall pass between the race committee vessel signalling the change of the next leg and the nearby mark, leaving the mark to port and the race committee vessel to starboard. This changes RRS 28.

13 THE FINISH

- 13.1 The finishing line will be between a staff displaying a blue flag on the committee boat and the course side of the finishing mark.

14 TIME LIMITS AND TARGET TIMES

14.1	Race Time Limit	90 mins
	Mark 1 Time Limit	30 mins
	Target Time	40 mins
	Finish Window	10 mins

If no boat has passed Mark 1 or Mark 1a within the Mark 1 time limit the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).

- 14.2 Boats failing to finish within 10 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

15 PROTESTS AND REQUESTS FOR REDRESS

- 15.1 Protest forms are available at the race office located at MHYC Reception. Protests and requests for redress or reopening shall be delivered there or via email to sailing@mhy.com.au within the appropriate time limit.
- 15.2 The protest time limit is 90 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later.
- 15.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at MHYC, beginning at the time posted.
- 15.4 Notices of protests by the race committee, technical committee or protest committee will be posted to inform boats under RRS 61.1(b).
- 15.5 Breaches of SIs, 14, 20, 22, 23, 25 and 26 will not be grounds for a protest by a boat. This changes RRS 60.1(a).

16 SCORING

- 16.1 RRS Appendix A2 will apply.
- 16.2 3 races are required to be completed to constitute a series.
- 16.3 Scores to be discarded are detailed in the Notices of Race.

17 SAFETY REGULATIONS

- 17.1 Boats intending to race shall report to the committee vessel prior to their first warning signal, on starboard tack, with mainsail hoisted, to confirm their intention to race.
- 17.2 Boats that cannot be identified may be scored 'DNC'. [DP]
- 17.3 A boat that retires from a race shall notify the race committee as soon as possible. (DP)
- 17.4 All boats shall monitor the race management channel VHF 72. [DP]

17.5 Each yacht is required to register all members of its crew online prior to the first race in which it competes. Failure to register a crew list before the race start time will result in a score of DSQ without a hearing. This changes RRS 63.1 and A5.1.

18 REPLACEMENT OF CREW OR EQUIPMENT

18.1 Substitution of competitors will not be allowed without prior written approval of the race committee. [DP]

18.2 Substitution of damaged or lost equipment will not be allowed unless authorized by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity. [DP]

19 EQUIPMENT AND MEASUREMENT CHECKS

On the water, a boat can be instructed by a member of the race committee or the technical committee to proceed immediately to a designated area for inspection. Ashore, equipment may be inspected or measured at any at the discretion of the race committee.

20 EVENT ADVERTISING

Refer to the Notices of Race.

21 RUBBISH DISPOSAL

Competitors shall not dispose rubbish into the water. Rubbish may be placed aboard support or official boats.

22 HAUL-OUT RESTRICTIONS

Refer to the Notices of Race.

23 DIVING EQUIPMENT AND PLASTIC POOLS

Refer to the Notices of Race.

24 RADIO COMMUNICATION

Refer to the Notices of Race.

27 PRIZES

Refer to the Notices of Race.

25 DISCLAIMER OF LIABILITY

Refer to the Notices of Race.

26 INSURANCE

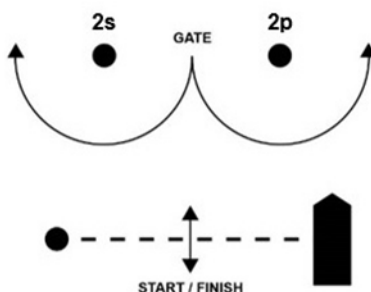
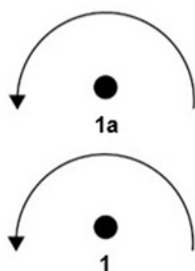
Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$10 Million per incident or the equivalent.

Attachment A – Racing Area

Racing areas include The Sound, Obelisk Bay, Watsons Bay, North Harbour and Hunters Bay, enabling racing in a variety of wind conditions and directions.



Attachment B.1 – Windward Leeward Courses



COURSE MARKS	MARK DESCRIPTIONS
Start & Finish Mark	Yellow Inflatable Mark
Mark 1	Yellow Inflatable Mark
Mark 1a	Orange Inflatable Mark
Gate Marks 2s/2p	Orange Inflatable Mark/s
Change Of Course Mark 1	Yellow Inflatable Mark with Black Band
Change Of Course Mark 1a	Orange Inflatable Mark with Black Band

ADAMS 10 COURSE SIGNAL	COURSE
W1	Start – 1–Finish
W2	Start – 1 – Gate 2s/2p – 1 – Finish
W3	Start – 1 – Gate 2s/2p – 1 – Gate 2s/2p – 1 – Finish
FARR 40 COURSE SIGNAL	COURSE
W1	Start – 1a–Finish
W2	Start – 1a – Gate 2s/2p – 1a – Finish
W3	Start – 1a – Gate 2s/2p – 1a – Gate 2s/2p – 1a – Finish

Note:

- The course to be sailed will be displayed on a Course Board on the CV, preceded by the letter 'W', to indicate the number of roundings of the Windward Mark/s.
- The bearing to the first Mark from the Start may be displayed prior to or with the Warning Signal.
- The Gate will be laid approx. 50-100m to windward of the Start Line and may be laid after the starting signal.
- If only one Gate Mark is laid, all boats shall round that Mark to Port.