

COVIDSafe Sailing



1 November 2021

Information for Competitors

MHYC is pleased to be able to continue sailing following the extended lockdown, but COVID-19 is still with us and the way we sail needs to adapt. We are all obliged to work together to fight the transmission of the virus, so the club has introduced some new requirements for racing.

At Home

- Any tasks that can be done at home, should be done at home (e.g. debriefing etc)
- It is also recommended that sailors be tested for COVID-19 if you have any symptoms
- If you are a person with high risk of COVID-19, or have symptoms of the Virus (even if mild), stay at home

Before Racing

- To provide for possible tracing, all competing boats are required to register all their crew details (Crew Name and AS Number or SailPass Number) via the Top Yacht link on the MHYC website before each race. The penalty for not registering before the finish time of the last boat is disqualification from the race.
To register online – [click here](#).
- All persons attending MHYC, including registered crew, must sign-in using the QR Code.

Ashore

- Arrive dressed and ready to sail
- Minimise the use of change rooms, bathrooms and communal areas
- Shower at home instead of at the club if possible
- Sailors should maintain at least 1.5m distance wherever possible
- Hand hygiene stations are available at a number of locations
- Wearing of face masks is recommended

Afloat

- Sailors should maintain at least 1.5m distance apart where practicable whilst not engaged in competition or training
- No unnecessary body contact (e.g. hand shaking, high fives)
- No sharing of drink bottles, clothing, food and towels etc.
- Avoid sharing of equipment – bring your own lifejacket, gloves etc.

Remember – Everyone participates at their own risk