

# SAILING INSTRUCTIONS

## SHORT OCEAN POINTSCORE

### **1. Rules**

- 1.1 Rules will be as per paragraph 1.1 of the General Conditions of Racing in this Sailing Program.
- 1.2 Racing will be classified as per paragraph 2.1 of the General Conditions of Racing in this Sailing Program.

### **2. Responsibilities**

- 2.1 All those taking part in CYCA races do so at their own risk and responsibility. Special attention is drawn to RRS Fundamental Rule 4, which states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."
- 2.2 The CYCA or any sponsor is not responsible for the seaworthiness of a boat whose entry is accepted or the sufficiency or adequacy of its equipment.
- 2.3 The CYCA or any sponsor is not responsible for any damage or injury either ashore, afloat or at sea either to persons or boats which might participate in the race. It is recommended that boats should have adequate insurance cover.

### **3. Schedule of Races**

- 3.1 Races are scheduled in the Racing Calendar of this Sailing Program.

### **4. Entry**

- 4.1 The following shall be supplied to the Sailing Office no later than 1200 hours on the **Thursday** prior to the race:
  - a) Completed Entry (made online through the CYCA website [www.cyca.com.au](http://www.cyca.com.au));
  - b) Australian Sailing Special Regulations Equipment Audit Form for Race Category 4 or higher category;
  - c) Current Rating Certificate (if applicable); and
  - d) Entry Fee.
- 4.2 A boat that does not meet the requirements for SI 4.1 may be scored DNC in that race (amends RRS 78.2).
- 4.3 The Club will post on the official notice board a final list of entries including handicaps, amendments to SIs and other relevant information prior to the race. Copies will be available ashore on request.

### **5. Crew Limitations**

- 5.1 The minimum number of crew shall be five. A majority of the crew shall be of a minimum age of 18 years.
- 5.2 The Race Committee may, at its absolute discretion, give a dispensation from the age limitation for members of the CYCA Youth Sailing Academy.
- 5.3 The number of people on board shall not exceed the maximum crew number specified on a boat's Equipment Audit Form. Boats that do not comply with this safety requirement may be subject to protest by the race committee.

### **6. Sails**

- 6.1 A boat shall comply with RRS 77 and Appendix G. This SI is the warning and the opportunity to correct in the terms of RRS G4.
- 6.2 An unrated boat shall advise the Race Committee of any sails carried other than would be carried in a usual inventory for that type of boat.

6.3 Two spinnaker poles may be used when two jibs are set for heavy weather running provided neither a mainsail nor spinnaker is also set (amends RRS 50.2 and 50.3).

**7. Radio Schedules**

7.1 Boats shall maintain a continuous listening watch on VHF Channel 16 for the duration of the race.

7.2 The Race Committee will monitor for the duration of the race, frequency VHF Channel 72.

**8. Flag Signals**

8.1 Visual signals will be in accordance with RRS 26 using the flags illustrated in the RRS – Race Signals (referred to as IC Flags).

8.2 Courses and bearings will be displayed by either Course Boards or IC Flags.

**9. Courses**

9.1 Boats are to proceed to all marks named in these courses in the order shown and are to round each mark on the specified side.

9.2 Any course may be shortened in accordance with RRS 32.

**9.3 Course Descriptions:**

All races will be started at NSI unless directed on the water by the CV to an alternate starting area. (Refer to RRS 'Race Signals' IC Flag "L".)

**Standard Offshore Courses**

	<b>START</b>	<b>MARKS</b>	<b>FINISH</b>
<b>1</b>	(Div 1) NSI - LB - W(p) - A1(p) - W(p) - A1(p) - W(p) - (Div 2) NSI - LB - B(p) - A1(p) - B(p) - A1(p) - B(p) - (Div 3) NSI - LB - M(p) - A1(p) - M(p) - A1(p) - M(p) -		WB WB WB
	Magnetic Bearings: A1 to W, B or M will be displayed by the CV		
<b>2</b>	(Div 1) NSI - LB - W(p) - A3(p) - W(p) - A3(p) - W(p) - (Div 2) NSI - LB - B(p) - A3(p) - B(p) - A3(p) - B(p) - (Div 3) NSI - LB - M(p) - A3(p) - M(p) - A3(p) - M(p) -		WB WB WB
	Magnetic Bearings: A3 to W, B or M will be displayed by the CV		
<b>3</b>	(Div 1) NSI - LB - B(p) - A1(p) - B(p) - A1(p) - B(p) - (Div 2 & 3) NSI - LB - B(p) - A1(p) - B(p) -		WB WB
	Magnetic Bearings: A1 to B will be displayed by the CV		
<b>4</b>	(Div 1) NSI - LB - B(p) - C(p) - A1(p) - B(p) - A1(p) - B(p) - (Div 2 & 3) NSI - LB - B(p) - C(p) - A1(p) - B(p) -		WB WB
	Magnetic Bearings: A1 to B will be displayed by the CV		
<b>5</b>	(Div 1) NSI - LB - B(p) - A3(p) - B(p) - A3(p) - B(p) - (Div 2 & 3) NSI - LB - B(p) - A3(p) - B(p) -		WB WB
	Magnetic Bearings: A3 to B will be displayed by the CV.		
<b>6</b>	(Div 1) NSI - LB - B(p) - A3(p) - B(p) - A3(p) - B(p) - (Div 2 & 3) NSI - LB - B(p) - A3(p) - B(p) -		WB WB
	Magnetic Bearings: A3 to B will be displayed by the CV		
<b>7</b>	(Div 1) NSI - LB - B(p) - A1(p) - B(p) - A1(p) - B(p) - (Div 2 & 3) NSI - LB - B(p) - A1(p) - B(p) -		WB WB
	Magnetic Bearings: A1 to B will be displayed by the CV.		

- 8 (Div 1) NSI - LB - B(p) – C(p) – A3(p) - B(p) – A3(p) - B(p) - WB  
 (Div 2 & 3) NSI - LB - B(p) – C (p) – A3(p) - B(p) - WB  
 Magnetic Bearings: A3 to B will be displayed by the CV

**Alternate Harbour Windward/Leeward Courses:** All marks to port (p).

	START	MARKS	FINISH
9 (Div 1)	CIS	- X - Y - X - Y - X -	CIS
(Div 2 & 3)	CIS	- X - Y - X -	CIS
10 (Div 1)	SND	- X - Y - X - Y - X -	SND
(Div 2 & 3)	SND	- X - Y - X -	SND
11 (Div 1)	CPT	- X - Y - X - Y - X -	CPT
(Div 2 & 3)	CPT	- X - Y - X -	CPT
12 (Div 1)	NSI	- X - Y - X - Y - X -	NSI
(Div 2 & 3)	NSI	- X - Y - X -	NSI

Magnetic Bearing: Start Line - X will be displayed by the CV. Magnetic Bearing Boards will have a yellow background.

Leg Distance: Start Line - X will be displayed by the CV. Distance will be to one decimal point. Distance Boards will have a red or black background.

**13 Turimetta Head Course**

	START	MARKS	FINISH
(Div 1)	NSI	- LB - TM -	WB
(Div 2)	NSI	- LB - TM2 -	WB
(Div 3)	NSI	- LB - TM3 -	WB

**14 Botany Bay Course**

	START	MARKS	FINISH
(Div 1, 2 & 3)	NSI	- LB - BBLM -	WB

**15 Alternate Harbour Course**

	START	MARKS	FINISH
(Div 1 & 2)	NSI	- MW - ME - SIM - CP - CI - MW - ME -	WB
(Div 3)	NSI	- MW - ME – SIM - CP -	WB

9.4 For the races conducted on 2 December all finish descriptions are amended to RB (Rushcutters Bay).

9.5 In a Course Description, the designation (s) or (p) indicates the mark is to be rounded to starboard or port. **All marks are to be rounded to starboard unless otherwise stated.**

**10. Marks**

10.1 A YA mark mentioned in this instruction may be a yellow spherical, cylindrical or spar-shaped buoy and can be replaced with a different mark without warning.

**10.2 Mark Descriptions:**

All positions and distances are approximate. See inside back cover chart for approximate positions.

**A1** LM at Lat 33<sup>0</sup>49.5'S Long 151<sup>0</sup>19.5'E  
 (1.2nm east of North Head)

**A3** LM at Lat 33<sup>0</sup>51'S Long 151<sup>0</sup>18.5'E  
 (1.1nm east of Macquarie Light)

**B** LM 2nm to windward of A1 or A3

- BBLM** Orange inflatable mark at 34 00 S 151 16.3 E  
(1.1nm east of Cape Banks)
- C** LM to port of the course axis to form an apex of a triangle with distances from BC and AC of 1.4nm each leg
- CI** Clarke Island
- CP** YA mark at 200m west of Flagstaff on Cannae Point
- GP** YA mark NE of Grotto Point
- LB** Red port lateral mark at Lat 33°50.09'S Long 151°16.5'E  
(0.2nm west of Inner South Head) (Please note LB is a passing mark, not a rounding mark. Boats are to pass LB to starboard before proceeding to the next mark)
- LM** CYCA yellow or orange inflatable laid mark 1.8m high
- M** LM (with a yellow band) approx 1.0nm to windward of A1 and A3
- ME** YA mark at Manly East
- MW** YA mark at 200m west of ME
- SIM** YA mark SE of Shark Island (The area between the Shark Island YA Mark (SIM) and Shark Island is a continuing obstruction and no boat shall pass between them.)
- TM** LM approx. 3nm east of Turimetta Head approx Lat 33° 42'S Long 151° 22.5'E
- TM2** LM approx. 2.5nm east of Narrabeen Beach approx Lat 33° 43.5'S Long 151° 21'E
- TM3** LM approx. 2.5nm east of Long Reef Lat 33° 45'S Long 151° 21'E
- W** LM with a white band approx 2.5nm to windward of A1, A2, A3 and A4
- X** LM to windward of Start Line at the distance displayed by CV
- Y** LM 0.2nm to windward of Start Line
- YA** a YA yellow spar mark

**11. Start Line**

- 11.1 The Start Line will be between the flag mast on the CV displaying a white flag with "CYCA" in black (or if started by MHYC or RSYS, the corresponding club burgee) at the starboard end and a LM at the port end.
- 11.2 An inner distance mark (IDM) may be laid. When laid, a boat shall leave the IDM to starboard when starting. No boat shall pass between the IDM and the CV from the course side of the Start Line after the first Preparatory Signal.
- 11.3 All races will be started at NSI unless directed on the water by the CV to an alternative starting area (refer to RRS 'Race Signals' IC Flag "L".)
- 11.4 The Start Line will be identified as follows:
  - CIS In the vicinity of Clarke Island
  - CPT In the vicinity of Cannae Point
  - NSI Near Shark Island
  - SND In the vicinity of the Sound

## **12. The Start and Start Signals**

- 12.1 Boats shall report to the Committee Vessel prior to the Warning Signal on starboard tack with mainsail hoisted to confirm its intention to race. Boats that cannot be identified may be scored as DNS.
- 12.2 The time of the first Start Signal, unless amended by the List of Entries, will be in accordance with the Racing Calendar.
- 12.3 Start Divisions will be identified numerically and the Short Haul Division will start as Division 4.
- 12.4 Start Signals will be made in accordance with RRS 26.
- 12.5 The Class Flags will be:  
Division 1 – Numeral pennant 1  
Division 2 – Numeral pennant 2  
Division 3 – Numeral pennant 3  
Division 4 (Short Haul) – Numeral pennant 4
- 12.6 The Warning Signal for each succeeding class shall be made with or after the Start Signal of the preceding class.
- 12.7 A boat may use prohibited propulsion after its Preparatory Signal to arrive at the Start Line, provided it shall cease using such propulsion 100 metres from the Start Line. It shall then immediately carry out a 360 degree turn while keeping clear of all other boats and, if the Start Signal has been made, start. (Refer to paragraph 15.2 in the General Conditions of Racing of this Sailing Program.)
- 12.8 A boat shall not start later than 10 minutes after its Start Signal.
- 12.9 When there is more than one Start Division, a boat shall not approach closer than 100 metres to the Start Line until its Preparatory Signal has been made.

## **13. Recalls**

- 13.1 Individual Recalls will be made in accordance with RRS 29.1. The sail number of the recalled boat may be announced on Race Frequency VHF Channel 72 (amends RRS 29.1).
- 13.2 General Recalls will be made in accordance with RRS 29.2. The words “General Recall” may be announced several times on Race Frequency VHF Channel 72 (amends RRS 29.2).

## **14. Change of Course after the Start**

- 14.1 The Course Axis may be changed due to a significant wind shift. The course change will be signalled in accordance with RRS 33. The new mark will be a laid mark identified by a black band.

## **15. Shortened Course**

- 15.1 If IC Flag “S” is displayed on or near the mark designated, then a boat shall round/pass the mark as required (looping not necessary) and proceed directly to the Finish. No sound signals will be made at the mark. (amends RRS 32.2)
- 15.2 If IC Flag “S” and a blue flag are displayed on a CV near a rounding mark of the course, then boats shall finish by passing between the CV and the nearby mark of the course (RRS 32 and RRS ‘Race Signals’ refers).

**16. Abandoned Races**

16.1 Races postponed or abandoned to another day may be resailed on any course at the discretion of the Race Committee. The Race Committee may run back to back races on the one day. Timely notice of the date of the resail will be posted on the Official notice board and the CYCA website.

**17. The Finish and Finish Lines**

17.1 INSHORE: The Finish Line will be between the flag mast of the CV displaying a white flag with "CYCA" in black (or if finished by MHYC or RSYS, the corresponding club burgee) and a LM at the port end.

17.2 OFFSHORE: Races may be finished offshore in accordance with SI 15.2.

17.3 The position of the Finish Line will be designated as follows:

CIS In the vicinity of Clarke Island

CPT In the vicinity of Cannae Point

NSI In the vicinity of Shark Island and Steele Point

SND In the vicinity of The Sound

RB In the vicinity of Rushcutters Bay. When the CV is not on station, boats shall take their own time when the red port lateral mark bears 090 magnetic. This mark shall be passed to port.

WB In the vicinity of the entrance to Watsons Bay. When the CV is not on station, the Finish Line shall be the easterly extension of the transit of the Western Channel Pile Light and the Eastern Channel Pile Light. The Eastern Channel Pile Light is to be passed to starboard.

**18. Time Limit**

18.1 The Time Limit shall be six hours after the Start Signal of a boat's Start Division or at 1800 hours, whichever is longer.

18.2 A boat that fails to finish within the Time Limit shall be scored DNF (amends RRS 35).

**19. Boats Retiring**

19.1 A boat that retires shall notify the CV or the Sailing Office of the club conducting the race of its retirement, as soon as possible by whatever means is available. If Search and Rescue operations are unnecessarily instituted due to the boat failing to make timely contact, the boat will be subject to action by the Race Committee under RRS 60.2(c) whereby a report will be made to the Protest Committee requesting action under RRS 69.2.

**20. Protests**

20.1 Protests shall be lodged with the conducting club by 1000 hours on the first working day following the race.

20.2 A protest may be lodged at the CYCA Sailing Office or if closed protests may be placed in the protest box beside the CYCA Sailing Office window. A protest may also be lodged by facsimile/email.

20.3 There is no time limit on protests by the Race Committee or the Protest Committee.

20.4 Notices of protests will be posted on the official notice board with the order of hearing.

20.5 Protests will be scheduled to be heard at the appropriate club at 1900 hours on the Thursday following the race. A postponement of the hearing from that date will only be granted in exceptional circumstances.

## **21. Penalties**

- 21.1 RRS 44.2 Two-Turns Penalty applies for breaking a Rule of RRS Part 2 and RRS 44.3 Scoring Penalty for breaking any other Rule.
- 21.2 Instead of disqualification, the Protest Committee may at its absolute discretion, impose the following percentage penalties for each incident:
- an infringement of RRS Part 2 – not less than two or more than ten places;
  - an infringement of any other Rule or Instruction, at the discretion of the Protest Committee – not less than two or more than five places;
  - a boat penalised after a hearing which failed to lodge a Declaration (refer General Conditions of Racing Clause 15.2 of this Sailing Program) – three places in **addition** to any other penalty.
- 21.3 A boat penalised which is competing in more than one division shall have the percentage penalty and adjustment of points applied to each of its racing divisions independently and separately.

## **22. Declarations**

- 22.1 Declarations may be lodged online through the CYCA website ([https://cycaforms.seamlessdocs.com/f/Cat4\\_7\\_Race\\_Declaration](https://cycaforms.seamlessdocs.com/f/Cat4_7_Race_Declaration)) in accordance with paragraph 15.2 of the General Conditions of Racing of this Sailing Program.

## **23. Scoring and Pointscores**

- 23.1 Scoring will be in accordance with paragraph 13 of the General Conditions of Racing of this Sailing Program.
- 23.2 Short Ocean Pointscore being those races designated SOP in the Racing Calendar:
- PHS IRC and ORCi/ORC Club Pointscores will be conducted.
- 23.3 **Season Pointscore**
- A boat shall enter by race 3 to be eligible for the Season Pointscore.
  - If 9 or more races are completed in the Season Pointscore a boats highest 3 scores shall be discarded.
  - If 7 to 8 races are completed in the Season Pointscore a boats highest 2 scores shall be discarded.
  - If 5 to 6 or more races are completed in the Season Pointscore a boats highest score shall be discarded.
  - If fewer than 5 races are completed in the Season Pointscore a boats series score will be the total of her race scores.
- 23.4 **Spring Pointscore**
- All boats entered in the Season Pointscore shall be automatically entered in the Spring Pointscore, all other boats shall enter by race 2 to be eligible for the Spring Pointscore.
  - If 6 or more races are completed in the Spring Pointscore a boats highest 2 scores shall be discarded.
  - If 4 races are completed in the Spring Pointscore a boats highest score shall be discarded.
  - If fewer than 4 races are completed in the Spring Pointscore a boats series score will be the total of her race scores.
- 23.5 **Autumn Pointscore**
- All boats entered in the Season Pointscore shall be automatically entered in the Autumn Pointscore, all other boats shall enter by race 6 to be eligible for the Autumn Pointscore.
  - If 6 or more races are completed in the Autumn pointscore a boats highest 2 scores shall be discarded.
  - If 4 races are completed in the Autumn Pointscore a boats highest score shall be discarded.

- d) If fewer than 4 races are completed in the Autumn Pointscore a boats series score will be the total of her race scores.

**24. Prizes**

- 24.1 Prizes will be awarded in accordance with paragraph 18 of the General Conditions of Racing of this Sailing Program.